



AEGIS | MD

FACE • BODY • SKIN • VEINS

TATTOO REMOVAL

The Spectra is a the clinically proven solution for removal of all kinds of tattoos without risk of scarring or permanent damage to the surrounding skin tissue. Results are cumulative; changes may be seen after your first session, however, it is difficult to predict the number of sessions needed for complete removal and multiple sessions will be needed. As with all services it is important for you to use your medical grade skin care regime before and after treatments. We recommend using Skingestible Luma Glow Fatty Acid Antioxidant Oil Blend™ to treat your skin from the inside out. Schedule your Complimentary Reveal360™ Skin Care consultation to determine a skincare regime that will give you the best results.

CONTRAINDICATIONS:

- History of herpes, cold sores, must pre-medicate
- Active cold sores or warts, excessively sensitive skin, irritation, eczema, dermatitis or inflammatory rosacea or who are sunburned in the areas to be treated
- History of allergies to salicylates like aspirin
- Patients who have taken Accutane/Epuris/isotretinoin in the past 3-6 months (discuss with your provider)
- Patients who are actively undergoing chemotherapy or radiation
- Compromised immune system or active infections
- Patients with vitiligo
- Patients who are pregnant and breastfeeding (discuss with treatment providers)
- Light sensitizing Medications
- Cannot have the treatment if you have a history of keloid scarring.
- Skin types 4-5 may require a patch test at the discretion of your treatment provider

PRE-CARE INSTRUCTIONS

IMPORTANT: Do not stop taking any medication that has been prescribed or recommended by your doctor.

4 Weeks before

- Please advise your medical provider with history of allergies, medications and **any** changes in medical history
- **No active tanning** prior to treatment including UV tanning beds and self-tanning products
- Must use sunscreen on area to be treated (SPF 30+) and reapply throughout the day. This can be done by using Coloescience Sunforgettable powdered sunscreen.

2 Weeks Before

- Patients who have had Botox and dermal filler injections should wait until full effect of their treatment is seen before receiving a treatment (face only)(approx. 14 days)

3-5 Days Before:

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- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)
- Discontinue products containing Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, facial scrubs
- No waxing in treated areas, no laser hair removal, electrolysis, or depilatory creams.

Before treatment day:

- Ensure you have an antibiotic prescription cream from Dr. Plaskos

POST-CARE INSTRUCTION

- Immediately after treatment, there may be "frosting" (white discoloration) on the area that is treated. Redness and swelling is typical. Blistering, pain and Pinpoint bleeding may also occur.
- Hyperpigmentation and hypopigmentation may occur
- A cool compress may be applied, and Tylenol is recommended for discomfort.
- The treated area should be cared for delicately until healing is complete and care should be taken to avoid trauma to the area for the first 7 days after treatment.
- Clean treated area daily allowing water or shower to run over the wound, and then pat the area dry.
- Apply Antibiotic prescription cream to wound area 2-3 times a day. Keep the area moist, and let the scab fall off on its own.
- Cover the treated area with a nonstick gauze pad (after antibiotic prescription cream is applied) until the wound is healed.
- **Do not pick, peel, rub, scrub, or scratch at the skin** in the treatment area throughout the healing process. If crusting occurs, do not shave or pick area.
- Although blisters and scabs can be a normal response to tattoo removal, most patients will not experience them. In the case that you do, it is important to not pop or pick at them. If the blister pops on its own, keep the skin over it covered with a healing ointment and gauze to promote healing and prevent scarring.
- No swimming or using hot tubs/whirlpools until the wound heals.
- Physical exercise that causes perspiration should be discontinued for at least 2-7 days after treatment as excessive perspiration may disrupt the healing process.
- Once the crust has fallen off immediately start to use sunscreen SPF 30+
- Avoid sun exposure. Once the crust has fallen off immediately start to use a thick layer of 30+ SPF sunblock with zinc oxide and reapply every 2 hours. This can be done by using Colorescience Sunforgettable powdered sunscreen.
- Avoid using perfumes directly on treated area

For any questions or concerns, do not hesitate to contact the clinic.

**Phone: 905 682 3447 Email: info@aegismd.ca
(Available weekends and after hours)**