



AEGIS | MD

FACE • BODY • SKIN • VEINS

PLATELET RICH PLASMA INJECTION/MICRONEEDLING (SKIN & HAIR)

The Natural aging of you skin is due to an imbalance between the rate of destruction and renewal of cells and collagen. By promoting the process of natural tissue generation mesotherapy injection of PRP improves skin quality and smoothes fine lines of the face décolleté and hands. Platelet-Rich Plasma stimulates the patients cells to regenerates the skins connective tissue resulting in a fast healing post laser and chemical peels. It also improves elasticity tone and thickness of the skin and contributes to the remodeling of the collagen fibres. PRP injections in the sculpt helps stimulate bulb cells at the base of the hair and the surrounding microcirculation. Vitality colour and brightness of your hair are increased. Hair loss is slower and the growth is activated. Depending on your customized treatment plan this treatment can be used a stand alone treatment or can also be combined with other modalities for optimal results. As with all services it is important for you to use your medical grade skin care regime before and after treatments. We recommend using Skin-gestible Luma Glow Fatty Acid Antioxidant Oil Blend™ to treat your skin from the inside out. Schedule your Complimentary Reveal360™ Skin Care consultation to determine a skincare regime that will give you the best results.

CONTRAINDICATIONS

- History of herpes, cold sores, must pre-medicate (Face only)
- Active cold sores or warts, excessively sensitive skin, irritation, eczema, dermatitis or inflammatory rosacea or who are sunburned in the areas to be treated(Face only)
- Have an active skin infection or tattoo at the site
- Patients who have taken Accutane/Epuris/isotretinoin in the past 3-6 months (discuss with your provider)
- Patients who are actively undergoing chemotherapy or radiation
- Compromised immune system, systemic diseases or active infections
- Patients who are pregnant and breastfeeding (discuss with treatment providers)
- Allergic reaction to anticoagulants
- Blood clotting disorder
- Viral hepatitis B and C

PRE-CARE INSTRUCTIONS

Week Before:

- Please advise your medical provider with history of allergies, medications and **any** changes in medical history
- One week before treatment avoid anti coagulants, platelet inhibitors, and NSAIDs if not medically necessary **IMPORTANT: Do not stop taking any medication that has been prescribed or recommended by your doctor.**

2-5 Days Before:

- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac) Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, in area to be treated (face and neck)
- Avoid alcohol and smoking 3 days before treatment

Day of Treatment:

- If treating hair, please wash morning of or night before treatment

Day of Treatment:

- If treating hair, please wash morning of or night before treatment
- Please arrive to your appointment well-hydrated and wearing loose fitting clothing, preferably a zip up sweater or something with an open neck.

POST-CARE INSTRUCTIONS

- For optimal results, do not wash skin for a minimum of 5 hours after the PRP has been applied to your skin
- No makeup for 12 hours post procedure
- For the next 2 days, **sleep on your back with your head elevated**. In this way, you can lower the swelling and bruising
- Do not sunbathe, use tanning beds, or use self-tanning lotions for at least 2 weeks following your treatment
- Avoid swimming, hot tubs, & saunas 24-48 hours following your treatment.
- A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm
- Protect your improved skin with minimum SPF 30 daily
- If treating hair, hair can be washed the next morning

Results are cumulative: Changes may be seen after your first session, but optimal results are seen 3-6 months after your third-sixth session. (Patient dependent)

For any questions or concerns, do not hesitate to contact the clinic.

Phone: 905 682 3447 Email: info@aegismd.ca

(Available weekends and after hours)