



AEGIS | MD

FACE • BODY • SKIN • VEINS

SPECTRA LASER PEEL (CARBON LASER PEEL, ACNE, MELASMA, LASERTONNIG)

Spectra Laser Peel is an unique and effective skin rejuvenation treatment that leverages the dual-mode capacity of the SPECTRA laser to provide outstanding clinical results. This Carbon assisted 2 Step rejuvenation process shows remarkable results with enlarged pores, inflammatory acne and fine wrinkle reduction and has proven highly effective with treatment of melasma with Laser Peel. Changes will be seen after a single session. Depending on your customized treatment plan this treatment can also be combined with other modalities for optimal results. As with all services it is important for you to use your medical grade skin care regime before and after treatments. We recommend using Skingestible Luma Glow Fatty Acid Antioxidant Oil Blend™ to treat your skin from the inside out. Schedule your Complimentary Reveal360™ Skin Care consultation to determine a skincare regime that will give you the best results.

CONTRAINDICATIONS

- History of herpes, cold sores, must pre-medicate
- Active cold sores or warts, excessively sensitive skin, irritation, eczema, dermatitis or inflammatory rosacea or who are sunburned in the areas to be treated
- Patients who have taken Accutane/Epuris/isotretinoin in the past 3-6 months (discuss with your provider)
- Patients who are actively undergoing chemotherapy or radiation
- Compromised immune system or active infections
- Patients with vitiligo
- Patients who are pregnant and breastfeeding (discuss with treatment providers)
- Light sensitizing Medications
- Cannot have the treatment if you have a history of keloid scarring.
- Skin types 4-5 may require a patch test at the discretion of your treatment provider

PRE-CARE INSTRUCTIONS

IMPORTANT: Do not stop taking any medication that has been prescribed or recommended by your doctor.

4 Weeks before

- **No active tanning** prior to treatment including UV tanning beds and self-tanning products
- Must use sunscreen on area to be treated (SPF 30+) and reapply throughout the day. This can be done by using Coloescience Sunforgettable powdered sunscreen.
- Please advise your medical provider with history of allergies, medications and **any** changes in medical history

2 Weeks Before

- Patients who have had Botox and dermal filler injections should wait until full effect of their treatment is seen before receiving a treatment (approx. 14 days)

3-5 Days Before:

- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)

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- Discontinue products containing Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, facial scrubs
- No waxing in treated areas, no laser hair removal, electrolysis, or depilatory creams.

- Please advise your medical provider with history of allergies, medications and **any** changes in medical history
- Inform your technician of if you have any history of herpes simplex or a breakout of cold sores/fever blisters anywhere on the face prior to your treatment.
- Three days prior to treatment, discontinue use of active ingredients products such as glycolic acid, lactic acid, vitamin C and Retin- A.

POST-CARE INSTRUCTIONS

- Irritation and transient photosensitivity, appearing as redness and/or resulting in a burning sensation, These symptoms normally subside within a few hours, depending on the patients skin types and condition
- Do not sunbathe, use tanning beds, or use self-tanning lotions for at least 2 weeks following your treatment
- Avoid swimming, hot tubs, & saunas for one week following your treatment.
- A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm
- Dry skin may occur, use a moisturizer without active ingredients for the first 48 hours (glycolic, retinol, alcohol based products)
- Protect your improved skin with minimum SPF 30 daily
- Make up can be applied immediately after the treatment as long as skin integrity has not been compromised
- If swelling occurs take an antihistamine such as Reactine, Clariton, (non sedating)

IMPORTANT INFORMATION: Common effects after treatment: Redness, and mild swelling. Mild blistering is rare but may occur. It is normal for the skin to feel "sunburned". Please do not hesitate to contact us if you experience any adverse reactions such as prolonged redness, or blistering.

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(Available weekends and after hours)**