



AEGIS | MD

FACE • BODY • SKIN • VEINS

BELA MD TOTAL SKIN SOLUTION

The bela treatment is a system used to treat a variety of skin concerns. The effects of this treatment include **exfoliation** of the superficial layer of the skin using a micro-dermabrasion diamond tip. Penetration of an effective topical **bio-infusion** serum chosen to target specific skin conditions, such as acne, dehydration, fine lines and wrinkles, hyperpigmentation. The use of **medium frequency electromechanical stimulation** provides a lifting effect, enhances blood circulation and promotes waste excretion. Penetration of fine **Hydrogen water** particles into the skin, promotes an antioxidant effect. **Electroporation** is a technique in which a tiny electrical field is applied to cells to boost permeability of the cell membrane and enhance cell uptake. Depending on your customized treatment plan this treatment can be used a stand alone treatment to refresh appearance and glow and can also be combined with other modalities for optimal results. As with all services it is important for you to use your medical grade skin care regime before and after treatments. We recommend using Skingestible Luma Glow Fatty Acid Antioxidant Oil Blend TM to treat your skin from the inside out. Schedule your Complimentary Reveal360 TM Skin Care consultation to determine a skincare regime that will give you the best results.

CONTRAINDICATIONS

- Active cold sores or warts, excessively sensitive skin, irritation, eczema, dermatitis or inflammatory rosacea or who are sunburned in the areas to be treated
- If you have a history of herpes or cold sores, you may require an anti-viral prescription prior to treatment.
- Patients who have taken Accutane/Epuris/isotretinoin in the past 3-6 months (discuss with your provider)
- Patients who are pregnant and breastfeeding
- Epileptic
- Use a pacemaker
- Have a muscular or nervous disease
- Patients who are actively undergoing chemotherapy or radiation
- Patients with vitiligo
- Have orthopedic implants
- Uncontrolled diabetes
- Facial paralysis

PRE-CARE INSTRUCTIONS

2 Weeks Before

- Avoid sun exposure or the use of tanning beds at least 14 days prior to your treatment. Wear sunscreen with a minimum SPF30 at all times when outdoors. *Please note sunburned skin cannot be treated.*
- Please ensure that you have not had any injectables; neurotoxin or fillers, for at least two weeks prior to treatment.

3-5 Days Before

- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)

3-5 Days Before

- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)
- Discontinue products containing Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, facial scrubs
- Avoid the use of depilatories, waxing or any product or treatments that may irritate the skin

POST TREATMENT

- Your skin may have a slight rosy glow for approximately 24-48 hours after treatment. You may also feel like you have a mild sunburn if your skin is extremely sensitive.
- Acne may temporarily look worse after the first treatment but will improve after additional treatments.
- Avoid direct sun exposure for 1-2 days after your treatment. Use a sunscreen every day that blocks both UVA and UVB rays, preferably one containing an SPF30 or higher. We recommend Colorescience Brush-on Shield or SkinMedica SPF 34
- Do not use products containing: Salicylic Acid, Alpha Hydroxy Acids, Retinol, prescription Retinoids or Benzoyl Peroxide up to 48 hours following the treatment
- Avoid swimming, hot tubs, & saunas for 48 hours following your treatment
- Do not pick or pull any loosening or peeling skin. This could potentially cause scarring or hyperpigmentation.
- You may or may not experience peeling and flaking of the outer, dead layer of skin within the first few days after your treatment, this is normal.
- Your technician will recommend post treatment skin care products for you.

If you have any questions or concerns, please do not hesitate to contact the clinic.

Phone: 905 682 3447 Email: info@aegismd.ca