



**AEGIS | MD**

FACE • BODY • SKIN • VEINS

### PHOTOREJUVENATION / IPL

IPL Photorejuvenation is a comprehensive phototherapy technology for the treatment of skin conditions associated with aging, active lifestyles, sundamage. IPL Photorejuvenation can be used to treat age spots, small facial veins, brown spots, rosacea, freckles. Results are cumulative; changes may be seen after your first session, however, optimal results are seen 3-4 weeks after your third session. As with all services it is important for you to use your medical grade skin care regime before and after treatments. We recommend using Skingestible Luma Glow Fatty Acid Antioxidant Oil Blend™ to treat your skin from the inside out. Schedule your Complimentary Reveal360™ Skin Care consultation to determine a skincare regime that will give you the best results.

- Skin may appear red and swollen and have a mild sunburn sensation. This is a normal reaction. It can happen a few hours after the treatment. Mild blistering is rare but may occur. It is normal for the skin to feel “sunburned” . A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm
- Freckles and sunspots may turn slightly darker initially and then flake off within 7-14 days. This is a desired and normal reaction
- There may be erythema (redness) and slight swelling around the treated vessels. Often they are lighter in appearance and look somewhat smudgy or less defined
- **Do not** pick or exfoliate these spots
- Swelling around the eyes and bridge of nose may occur immediately after a BBL treatment and may remain for 24-48 hours

### CONTRAINDICATIONS

- History of herpes, cold sores, must pre-medicate
- Active cold sores or warts, excessively sensitive skin, irritation, eczema, dermatitis or inflammatory rosacea or who are sunburned in the areas to be treated
- Patients who have taken Accutane/Epuris/isotretinoin in the past 3-6 months (discuss with your provider)
- Patients who are actively undergoing chemotherapy or radiation
- Compromised immune system or active infections
- Patients with vitiligo
- Patients who are pregnant and breastfeeding (discuss with treatment providers)
- Light sensitizing Medications
- Cannot have the treatment if you have a history of keloid scarring.
- Darker skin types may require a patch test at the discretion of your treatment provider
- Allergies to topical anesthesia such as lidocaine, please let us know as we often used anesthesia

### PRE-CARE INSTRUCTIONS

**IMPORTANT: Do not stop taking any medication that has been prescribed or recommended by your doctor.**

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**4 Weeks before**

- **No active tanning** prior to treatment including UV tanning beds and self-tanning products\
- Must use sunscreen on area to be treated (SPF 30+) and reapply through out the day. This can be done by using Colorescience Sunforgettable powdered sunscreen.
- Please advise your medical provider with history of allergies, medications and **any** changes in medical history

**2 Weeks Before**

- Patients who have had Botox and dermal filler injections should wait until full effect of their treatment is seen before receiving Photorejuvenation (approx. 14 days)

**3-5 Days Before:**

- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)
- Discontinue products containing Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, facial scrubs
- No waxing in treated areas, no laser hair removal, electrolysis, or depilatory creams.

**POST CARE INSTRUCTIONS FOR IPL PHOTOREJUVENATION**

- Make up may be applied immediately
- Avoid swimming, hot tubs, & saunas for 48 hours following your treatment or until skin is healed
- Do not sunbathe, use tanning beds, or use self-tanning lotions for at least 2 weeks following your treatment
- **Do not** pick or exfoliate these spots
- Daily SPF application (SPF 30 or higher) is mandatory for the first 2 weeks following treatment and should continue indefinitely into the future.. Apply SPF on top of other topicals.
- May continue with active products one week after treatment : retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac), Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, facial scrubs
- If swelling occurs take an antihistamine such as Reactine, Clariton, (non sedating)

**IMPORTANT INFORMATION:**

**Please contact us if you experience any adverse reactions such as prolonged redness, or blistering.**

**Phone: 905 682 3447 Email: [info@aegismd.ca](mailto:info@aegismd.ca)  
(Available weekends and after hours)**