



AEGIS | MD

FACE • BODY • SKIN • VEINS

LASER HAIR REMOVAL

Laser Hair removal can be customized according to each individual's hair type, skin type (including tanned and dark skin) and lifestyle. During the procedure, the laser pulses for a fraction of a second, allowing the hair to absorb the light and heat up. As it heats up, the hair shaft and bulb are damaged which significantly impedes its ability to re-grow.

CONTRAINDICATIONS

- History of herpes, cold sores, must pre-medicate
- Active cold sores or warts, excessively sensitive skin, irritation, eczema, dermatitis or inflammatory rosacea or who are sunburned in the areas to be treated
- Patients who have taken Accutane/Epuris/isotretinoin in the past 3-6 months (discuss with your provider)
- Patients who are actively undergoing chemotherapy or radiation
- Compromised immune system or active infections
- Patients with vitiligo
- Personal history of melanoma
- Patients who are pregnant and breastfeeding (discuss with treatment providers)
- Light sensitizing Medications
- Cannot have the treatment if you have a history of keloid scarring.
- Skin types 4-5 may require a patch test at the discretion of your treatment provider
- Allergies to topical anesthesia such as lidocaine, please let us know as we often used anesthesia

PRE-CARE INSTRUCTIONS

IMPORTANT: Do not stop taking any medication that has been prescribed or recommended by your doctor.

4 Weeks before

- **No active tanning** prior to treatment including UV tanning beds and self-tanning products\
- Must use sunscreen on area to be treated (SPF 30+) and reapply through out the day. This can be done by using Colorescience Sunforgettable powdered sunscreen.
- No waxing, tweezing, threading or hair depilatory (hair removal) creams, or electrolysis 4 weeks before your appointment
- Please advise your medical provider with history of allergies, medications and **any** changes in medical history

2 Weeks Before

- Patients who have had Botox and dermal filler injections should wait until full effect of their treatment is seen before receiving Hair Removal if receiving treatment on face (approx. 14 days)

3-5 Days Before:

- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)

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- Discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)
- Discontinue products containing Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, facial scrubs
- **Please shave 24 hours before your appointment. If hair is not shaved, there will be an additional fee**

POST-CARE INSTRUCTIONS

- Laser hair removal requires multiple treatments. This is because the laser works best when

hairs are in an early growth stage. It is imperative for best results to stick to the treatment plan that has been set out for you by your provider.

- Side effects are rare and, if they do occur, are typically minor. They may include redness and swelling around the hair follicle, which are, in fact, positive clinical results and indicate that the follicle has responded to treatment. Most people return to normal activity right away.
- If you experience slight redness, swelling around the hair follicles and mild discomfort similar to a sunburn you may use aloe gel or cool packs may be applied
- Make up may be applied immediately
- If swelling occurs take an antihistamine such as Reactine, Claritin, (non sedating)
- Avoid strenuous sports activities, swimming, hot tubs, & saunas for 24 hours following your treatment or until skin is healed
- Do not sunbathe, use tanning beds, or use self-tanning lotions for at least 2 weeks following your treatment
- Do not rub or pick the treated area. Do not use any loofahs or abrasive scrubs for at least 3 days or until any redness and sensitivity subsides
- Continue to use broad-spectrum SPF 30, or higher, for the duration of your treatments. This can be done by using Colorescience Sunforgettable powdered sunscreen or SkinMedica SPF 34

IMPORTANT INFORMATION: Blistering and crusting are rare; however, if these do occur please contact the clinic.

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(available weekends and after hours)