



AEGIS | MD

FACE • BODY • SKIN • VEINS

FORMA/ BODY FX

Forma uses radio-frequency energy to create contraction deep into the layers of the skin. The subdermal heating applicator of this device allows optimal temperatures to be reached in order to stimulate new collagen production and improve skin elasticity. This pain free tissue remodeling device will have your skin looking tighter and improve the overall appearance of your profile. Depending on your customized treatment plan this treatment can be used a stand alone treatment for collagen remodeling and tightening and can also be combined with other modalities for optimal results. Treatment results are cumulative and may typically be seen after 6 weekly session. As with all services it is important for you to use your medical grade skin care regime before and after treatments. We recommend using Skingestible Luma Glow Fatty Acid Antioxidant Oil Blend™ to treat your skin from the inside out. Schedule your Complimentary Reveal360™ Skin Care consultation to determine a skincare regime that will give you the best results.

CONTRAINDICATIONS

- Active cold sores or warts, excessively sensitive skin, irritation, eczema, dermatitis or inflammatory rosacea or who are sunburned in the areas to be treated
- If you have a history of herpes or cold sores, you may require an anti-viral prescription prior to treatment. (Forma only)
- Patients who have taken Accutane/Epuris/isotretinoin in the past 3-6 months (discuss with your provider)
- Patients who are pregnant and breastfeeding
- Epileptic
- Use a pacemaker, or defibrillator or any other electronic implant in the body
- Patients who are actively undergoing chemotherapy or radiation
- Patients with vitiligo
- Have orthopedic implants (Body FX only)
- Uncontrolled diabetes
- Facial paralysis (Forma Only)

PRE-CARE INSTRUCTIONS

2 Weeks Before

- Avoid sun exposure or the use of tanning beds at least 14 days prior to your treatment. Wear sunscreen with a minimum SPF30 at all times when outdoors. *Please note sunburned skin cannot be treated.*
- Please ensure that you have not had any injectables; neurotoxin or fillers, for at least two weeks prior to treatment.

2-4 Days Before

- 2 days before discontinue products containing retinol, prescription retinoids (such as Retin-A, Renova, Differin (Adapalene 0.1), Tazorac)
- 2 days before Discontinue products containing Salicylic Acid, Alpha Hydroxy Acids (AHA's), BHA's, Benzoyl Peroxide, glycolic acid, lactic acid, vitamin C, facial scrubs (Forma)
- Please shave hair in area to be treated 2 days before treatment
- If the treatment area is on your body (not face), please arrive at your appointment well hydrated. Ideally, you should hydrate 2 days before and on the day of the treatment as

- If the treatment area is on your body (not face), please arrive at your appointment well hydrated. Ideally, you should hydrate 2 days before and on the day of the treatment as this will result in a more comfortable and efficacious treatment
- Please wear comfortable clothing on the day of your treatment
- No make-up, creams, or lotions on skin.
- No jewelry

POST TREATMENT

- You may experience transient erythema (redness) that will last from a few minutes to an hour or possibly longer
- Your skin may feel warm immediately after the treatment, but this will dissipate quickly (face treatment) or may last for a few hours as deep tissue retains heat longer (body treatment).
- Increased sensitivity to heat (very hot shower) may last for 24 – 48 hours after the treatment
- You may have some tenderness in the area for a few hours or a day after.
- Treatment around the eyes may yield some swelling and you are encouraged to sleep on two pillows for 24 to 48 hours after the treatment.
- If the treatment area is on your body (not face), stay well hydrated for 4 days after the treatment for better results. Additionally, we encourage light physical activity after treatment to help with lymphatic flow.
- It is highly recommended to keep treated skin protected by proper SPF lotion and to avoid excessive heat exposure (sauna, laser, or pulse light treatment, etc.)
- Make up can be worn immediately after treatment

TO MAXIMIZE YOUR BODY FX RESULTS:

Results are cumulative: Changes may be seen after your first session, but optimal results are seen 4-6 weeks after your second session. The number of sessions varies on the amount of fat in the area and the desired out come. Typically results are seen 12 weeks after your first sessions, and at that time a decision can be made if further treatment is required.

Use TransFORM Body Treatment with TriHex Technology. When used in conjunction with Aegis MD's Cool on Fourth program it helps to:

- Accelerate the natural removal process of fat cells, after Body FX procedures to accelerate and enhance visible results in more than 82% of patients
- Supports the production of new healthy elastin and collagen
- As a stand-alone body treatment improves the appearance of skin laxity, texture and crepiness and supports the production of new healthy elastin and collagen

IMPORTANT: If you have any questions or concerns regarding your treatment. Do not hesitate to contact the clinic.

Phone: 905 682 3447 Email: info@aegismd.ca

