



AEGIS | MD

FACE • BODY • SKIN • VEINS

NEUROMODULATORS

This injection treatment works below the skin's surface to target the underlying muscle activity, reducing the appearance of fine lines and wrinkles in the face. The neuromodulators that we offer have been approved by Health Canada and the FDA for cosmetic use following significant studies. You may begin to notice changes within 24 to 48 hours, but you will typically see full results about 10-14 days following treatment. Although everyone is different, most clients maintain the results for four months following treatment. As with all services it is important for you to **use** your medical grade skin care regime before and after treatments. We recommend using Skin-gestible Luma Glow Fatty Acid Antioxidant Oil Blend TM to treat your skin from the inside out. Schedule your Complimentary Reveal360 TM Skin Care consultation to determine a skincare regime that will give you the best results.

PRE-CARE INSTRUCTIONS

- Please advise your medical provider with history of allergies, medications and **any** changes in medical history
- Avoid vaccinations 2 weeks prior to and after injection

2 weeks before

- If you have a cold, sinus infection, flu-like symptoms, etc.- please call and reschedule your appointment. Your appointment can be rescheduled 2 weeks after you have recovered
- One week before treatment avoid anti coagulants, platelet inhibitors, and NSAIDs if not medically necessary **IMPORTANT: Do not stop taking any medication that has been prescribed or recommended by your doctor.**
- Avoid waxing, bleaching or tweezing hair on area to be treated for 7 days before treatment

2-5 days Before

- Please do not drink alcohol 24 hours before treatment to avoid additional bruising
- 3 days before treatment, the herbal supplements bromelain and papain may help reduce possible bruising

Day of Treatment

- Remove all your makeup from your face.
- Please ensure you bring extra make-up for touch-ups following your treatment.

POST-CARE INSTRUCTIONS

- Avoid rubbing, touching or massaging your face for the first 12hrs following treatment
- Do not lay down for 4 hours after your treatment. This will prevent the Botox from travelling into the orbit of the eye and causing a drooping eyelid
- For 30 minutes post injection, please exercise the muscles that were treated to help the penetration of product into the muscles
- Swelling and bruising is normal. Ice can be used as needed
- You may experience a mild amount of tenderness or a stinging sensation following injection.
- Avoid strenuous activity such as exercise for 24 hours
- Avoid hot tubs/hot showers saunas for 24- 48 hours

If you have any questions or concerns regarding your treatment. Do not hesitate to contact the clinic.

**Phone: 905 682 3447 Email: info@aegismd.ca
(Available weekends and after hours)**

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